**TINNED ONIONS**

**Description**

Sourcing responsibly. One portion of your five a day. Sauteed onions. Ready to use. Suitable for vegetarians, vegans and coeliacs.

**Ingredients**

* Onion,
* Virgin Olive Oil,
* Salt,
* Acidity Regulator (Citric Acid)

**Nutrition**

|  |  |
| --- | --- |
|  | **per 100g of net weight** |
| **Energy**  | 168kJ/40kcal |
| **Protein**  | 1.22g |
| **Carbohydrates**  | 8.28g |
| **of which sugars**  | 1.11g |
| **Fat**  | 0.24g |
| **of which saturates**  | 0.04g |
| **Fibre**  | 1.40g |
| **Sodium**  | 0.182g |
| **Salt**  | 0.46g |

**Manufacturer**

Packed for: Ivory and Ledoux Limited, 201 Haverstock Hill, London, NW3 4QG.